WHAT IS CLAIMED IS:

1. A communicating apparatus comprising:

receiving means for receiving E-mails stored in a mail box provided on an E-mail server;

obtaining means for obtaining a size of E-mail stored in said mail box;

memory means for storing a maximum value of the size of one E-mail which is received by said receiving means;

discriminating means for comparing the size of E-mail obtained by said obtaining means with said maximum value, thereby discriminating whether the E-mail is receivable or not; and

control means for sending an instruction for deleting the E-mail which was determined to be unreceivable by said discriminating means to said E-mail server and storing the fact that said E-mail has been deleted into a communication history.

2. An apparatus according to claim 1, wherein said control means receives only header information of the E-mail which was determined to be unreceivable by said discriminating means, and stores information that is obtained from the received header information into the communication history.

3. An apparatus according to claim 1, wherein

said control means stores size information of the E-mail which was determined to be unreceivable by said discriminating means into the communication history.

5   4.   An apparatus according to claim 1, wherein after the E-mail which was determined to be receivable by said discriminating means is received, said control means stores information obtained from the received E-mail into the communication history.

10   5.   An apparatus according to claim 1, wherein if a plurality of E-mails have been stored in said mail box, said control means allows said discriminating means to discriminate whether the E-mail is receivable

15   or not with respect to each of said plurality of E-mails.

     6.   An apparatus according to claim 1, further comprising recording means,

20   and wherein after the E-mail which was determined to be receivable by said discriminating means is received, said control means allows said recording means to record said E-mail.

25   7.   A communicating apparatus comprising:
        obtaining means for obtaining size information of each of a plurality of E-mails stored in a mail box

provided on an E-mail server;

    selecting means for selecting the receivable E-mail on the basis of the size information obtained by said obtaining means; and

    receiving means for receiving the E-mail selected by said selecting means from said E-mail server.

    8. An apparatus according to claim 7, wherein said selecting means compares a maximum value of a size of one E-mail which has previously been stored with the size information obtained by said obtaining means, thereby discriminating whether said E-mail is receivable or not.

    9. An apparatus according to claim 7, further comprising deletion instructing means for sending an instruction for deleting the E-mails which were not selected by said selecting means from said mail box to said E-mail server.

    10. A communicating method comprising:

    a receiving step of receiving E-mails stored in a mail box provided on an E-mail server;

    an obtaining step of obtaining a size of E-mail stored in said mail box;

    a discriminating step of comparing the size of E-mail obtained by said obtaining step with a maximum

value of the size of one E-mail which has previously been stored, thereby discriminating whether the E-mail is receivable or not; and

5   a control step of sending an instruction for deleting the E-mail which was determined to be unreceivable by said discriminating step to said E-mail server and storing the fact that said E-mail has been deleted into a communication history.

10   11. A method according to claim 10, wherein in said control step, only header information of the E-mail which was determined to be unreceivable by said discriminating step is received and information that is obtained from the received header information is stored

15 into the communication history.

20   12. A method according to claim 10, wherein in said control step, size information of the E-mail which was determined to be unreceivable by said discriminating step is stored into the communication

20 history.

25   13. A method according to claim 10, wherein in said control step, after the E-mail which was determined to be receivable by said discriminating step

25 is received, information obtained from the received E-mail is stored into the communication history.

14.   A method according to claim 10, wherein if a plurality of E-mails have been stored in said mail box, said control step allows said discriminating step to discriminate whether the E-mail is receivable or not

5   with respect to each of said plurality of E-mails.

15.   A method according to claim 10, wherein in said control step, after the E-mail which was determined to be receivable by said discriminating step

10   is received, said E-mail is recorded.

16.   A communicating method comprising:

an obtaining step of obtaining size information of each of a plurality of E-mails stored in a mail box

15   provided on an E-mail server;

a selecting step of selecting the receivable E-mail on the basis of the size information obtained by said obtaining step; and

a receiving step of receiving the E-mail selected

20   by said selecting step from said E-mail server.

17.   A method according to claim 16, wherein in said selecting step, a maximum value of a size of one E-mail which has previously been stored is compared

25   with the size information obtained by said obtaining step, thereby discriminating whether said E-mail is receivable or not.

18.   A method according to claim 16, further comprising a deletion instructing step of sending an instruction for deleting the E-mails which were not selected by said selecting step from said mail box to said E-mail server.

19.   A computer program which is executed by a computer of an information processing apparatus having a communicating function, comprising:

a receiving step of receiving E-mails stored in a mail box provided on an E-mail server;

an obtaining step of obtaining a size of E-mail stored in said mail box;

a discriminating step of comparing the size of E-mail obtained by said obtaining step with a maximum value of the size of one E-mail which has previously been stored, thereby discriminating whether the E-mail is receivable or not; and

a control step of sending an instruction for deleting the E-mail which was determined to be unreceivable by said discriminating step to said E-mail server and storing the fact that said E-mail has been deleted into a communication history.

20.   A computer program which is executed by a computer of an information processing apparatus having a communicating function, comprising:

an obtaining step of obtaining size information of each of a plurality of E-mails stored in a mail box provided on an E-mail server;

a selecting step of selecting the receivable E-mail on the basis of the size information obtained by said obtaining step; and

a receiving step of receiving the E-mail selected by said selecting step from said E-mail server.

21. A computer-readable memory medium which stores a computer program according to claim 19.

22. A computer-readable memory medium which stores a computer program according to claim 20.